

Body care

Program	Minute	Price	Membership Price		
Relaxation Oil Massage	30	\$ 35.00	\$ 31.50		
Help de-stress and loosen up your body and is great for those who have had a hard working week or feel like treating themselves. The treatment consists of flowing strokes, kneading and gentle manipulations of the muscles performed at gentle to medium pressure.	40	\$ 45.00	\$ 40.50		
	60	\$ 64.00	\$ 57.60		
	90	\$ 95.00	\$ 85.50		
	120	\$ 119.00	\$ 107.10		
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Swedish Massage / Deep Tissue Massage	30	\$ 39.00	\$ 34.20		
Focuses on the deeper layers of muscle tissue. It is designed to reach the deep sections of thick muscles, specifically the individual muscle fibres. Using deep muscle compression and friction along the grain of the muscle, the purpose of Deep Tissue Massage is to unstick the fibres of the muscles and release both toxins and deeply held tension points at medium pressure to hard pressure.	45	\$ 52.00	\$ 46.80		
	60	\$ 69.00	\$ 62.10		
	90	\$ 103.00	\$ 92.70		
	120	\$ 138.00	\$ 124.20		
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Hot Stone	60	\$ 79.00	\$ 71.10		
This indulgent and therapeutic massage uses the power of touch and aroma with heated basalt stones to soothe away stiff and sore muscles. In Polynesia that the river rocks harness the healing power of the water that flows over them.	90	\$ 115.00	\$ 106.20		
	120	\$ 149.00	\$ 134.10		
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Couple Package	Time Together (for 2 people)		Relaxation Deep Tissue		
	For all of you who are looking for an ultimate relaxation package, choose our entwine experience, this package includes relaxation massage.	60	\$ 115.00	\$ 125.00	
		90	\$ 170.00	\$ 185.00	
		120	\$ 225.00	\$ 240.00	
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Plus Care	for Headache	head + neck + shoulder	20	\$ 22.00	\$ 19.80
	for Stress	neck + shoulder + Back	20	\$ 22.00	\$ 19.80
	for Relax	+ extra massage	15	\$ 17.00	\$ 15.30



Foot and whole body massage / Hot stone / Gift vouchers.
 Shop 536-85 lake st. (Mainstreet Arcaja) Cairns City, QLD 4870
 Phone number: 0432 468 511

Foot in the Body
 by Healing Touch