Captivating

Tranquil, Intimate, Spiritual



SPA & LUNCH PACKAGE

You're invited to unwind in the serene surrounds of the PEPPERS BEACH CLUBS and take advantage of this relaxing package. Enjoy a great Lunch overlooking the sea at Palm Cove or poolside at Port Douglas plus an exquisite 45 minute facial or massage at the award winning Peppers Spas.

DAY PACKAGE

$ 126





SPA ETIQUETTE

COMPLIMENTARY TRANSFERS
Available to guests booking treatments of 60 mins or more
Must be arranged at time of booking the appointment.

MAKING AN APPOINTMENT
It is important to make prior reservations so we can accommodate your request.

CHOOSING TREATMENTS
Our Spa Consultants will be happy to assist to ensure you choose treatments specifically suited to your special needs. All our treatments are modular & can be combined.

WHEN TO ARRIVE
We recommend that you arrive 10 minutes before your appointed time. This will allow time to complete formalities.

WHAT IF I CANCEL OR CHANGE MY APPOINTMENT
Out of consideration of all our guests, a minimum of 24 hours notice is required to cancel or reschedule. Cancellation or time change within this time will result in a 50% fee being charged. "No Show" appointments are charged at full price of the treatment booked.

WHAT TO WEAR DURING TREATMENTS
Maintaining your sense of dignity & wellbeing is of the utmost importance to us. Please enjoy your treatment without clothing. Our fully qualified therapists are trained to drape correctly to respect your comfort and privacy. Disposables available.

WHAT IF I AM LATE FOR MY APPOINTMENT
Arriving late will unfortunately limit the time allocated for your treatment. As a courtesy to all our clients all treatments are completed as scheduled.

WHAT IF I HAVE A SPECIAL HEALTH CONDITION
Please inform your therapist of any health concerns that you may have when completing your treatment card. **We do not treat anyone in their first trimester of pregnancy.** Our fully qualified therapists will advise on special conditions.

PAYMENT OF SPA SERVICES.
All bookings require credit card details or a 50% deposit.

ENQUIRIES & RESERVATIONS

Exclusive Spas Peppers Beach Club

Tel: +61 7 4087 1000 or 0413 136 364

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www.exclusivespas.com.au

"COMPLIMENTARY TRANSFERS"

SPA
PEPPERS BEACH CLUB
PORT DOUGLAS

Captivating

Tranquil, Intimate, Spiritual

... a spa for Men & Women

Exclusive Spas offer world recognised treatments at Australia's No 1 tropical holiday destination... where the reef meets the rainforest – PORT DOUGLAS.

SPECIAL TOUCHES .... from the Spa Fairies

All spa treatments begin with an ancient foot spa ritual & an Indigenous inspired 'smudging ceremony' using bush botanics of Paperbark, Eucalyptus & Myrtle leaves infused with lemon scented essential oils.

We complete your spa experience with our complimentary Lemon Myrtle, Wild Rosella Bud, Lime & Davidson Plum Tea served with our 'spa mix' of a dried fruit & nut pot.

Invitation to Our

Seasonal Specials

You're invited to experience our fabulous 'seasonal specials' designed using products that reflect the season at the time.

Whether it's the
SPRING BLOSSOMS
LAZY HAZY CRAZY DAYS OF SUMMER
AUTUMNAL COLOURS or the
WINTER SPA LA LA

This 60 min SPATACULAR includes
- Full body salt or sugar scrub & buff
- Relaxing back, Neck & shoulder massage
- Mind Melting Scalp Massage
- Invigorating Vichy Shower



ONLY $163 usually $213. Save $50
Optional add on:
Add a 30 min facial refresher for just $60 usually $103 Save a further $43
Get your seasonal hit NOW...

GIFT CERTIFICATES

We have gift certificates for all occasions.
A wonderful way to let someone know how special they are.

You can purchase 'online' at **www.exclusivespas.com.au**
For a $ amount & send instantly to yourself or your recipient's email or buy a traditional certificate through the same website or **info@exclusivespas.com.au**
+61 7 4087 1000 or **0413 136 364**

SPA FAVOURITES
Special 'lead in prices'

Swedish Massage 60mins $138 Dual $128
The origin of all massages. Using a variety of strokes to meet your needs

River Spirit 30 mins $110
Immerse yourself in the magic sensation of a river waterfall. Energise with a full body exfoliation of smoked Blue Gum oils & Pepper berry salts. This ancient therapy will leave you reinvigorated.
* Add to your 1 hour or more treatment $65

Coconut Ocean Wave 60 mins $158 Dual $148
Experience the wondrous Vichy shower 'ocean wave' at the completion of this full body exfoliation, cream coconut wrap, fabulous face & scalp massage. An amazing spa ritual performed using botanics from our tropical climes & the surrounding seas.

Especially for Him (or her) 90mins $238 Dual $228
Choose any one of our aroma therapeutic massages utilising sports massage techniques & combining the ultimate 'rain therapy' with a lime & ginger salt exfoliation. Be re-balanced, re-energised & rejuvenated.

MASSAGE

Swedish 45mins $127 60mins $138 90mins $188
Using a variety of Swedish strokes including effleurage, friction & tapotment creating a state of well-being

Su Su 45mins $127 60mins $154 90mins $199
LI'TYA'S signature massage. Using unique oil blends & ancient Aboriginal techniques which will tone, re-align energy flow & totally re-harmonise the mind, body & spirit.

Specialised 60mins $158 90mins $199
A firmer therapeutic massage that uses techniques to relieve tension within muscles, tendons & ligaments. Personalised to your needs.

Pregnancy (post 1st trimester) 60mins $156
Our specially formulated LI'TYA pregnancy oil blend of Macadamia & Camellia & the comfort of our 'pre-natal pillow' will ensure your wellbeing with a beautiful gentle nurturing treatment.

Gubbera Hot Kodo Stones 60mins $182 90mins $210
These primordial hand tooled Dreamtime stones from the Never Never offer powerful healing properties. The magical hot rocks will achieve both physical & emotional balance when skilfully integrated into the rhythmic LI'TYA Su Su massage inspired by Aboriginal techniques. Experience this special magic.

FACE, HEAD & FEET

Little Ocean Wave 30mins $103 45mins $127
A beautiful awakening to the wonders of LI'TYA'S face care. Especially designed to refresh, revitalise & regenerate. The perfect accompaniment to all of the body treatments.

Deep Ocean Wave 60mins $157
For a deep purification treatment – LI'TYA'S native herbal remedies will eliminate toxins, rejuvenate, hydrate & nourish the skin. A visible renewal.

Time for Him 45 mins $127
"Same again Sam" – introducing facials for the boys. Tailored especially for men with an emphasis on a deeper & more firm pressure point application of facial massage techniques.

Paudi Head Masque & Massage 30 mins $106
Surrender your senses to LI'TYA'S ancient Aboriginal head massage with a warmed Quandong masque. Incorporates the neck & shoulders. This is an amazing – mind melting experience.

Footprints in the Sand 45 mins $127
A very nurturing experience – from Biblical times: "cleansing of the stranger's feet" LI'TYA'S beautiful lower leg & foot treatment combines an exfoliation & masque with hot towels.

Decadent Duo 90 mins $228
By popular demand we offer LI'TYA'S favourite combo. Relax into the state of Om with the SuSu massage & the fabulous Little Ocean Wave facial. Restores a natural glow & leaves the skin visibly renewed.

"TIME TO SPARTY"



SCRUBS, BUFFS, MUD & VICHY

Body Buffs & Clay Wraps 60 mins $178
A buff, scrub & wrap including our fabulous Vichy shower in our outdoor wet rooms using our Daintree Naturals spa care range.

- Wattle seed salts & Black Ash Clay
- Quandong kernel buff & Daintree Red Ochre
- Kakadu plum seed scrub & Yellow Detox Clay

Rainforest River Stones 60 mins $178
This ancient ritual offers an invigorating native Forest mint & Pepper berry body buff & Vichy shower blitz. Includes a head masque & facial massage. We then restore the body's calm & balance with the placement of chilled river stones over the meridian lines.

Black Ash Middle Earth 60 mins $178
Indulge in our aromatic Quandong salt exfoliation & detoxifying Black Ash Clay body wrap. Then surrender to a fabulous mini face & shoulder massage. To complete your Middle Earth journey we will restore vitality under the rhythm of the Vichy shower jets.

Luxe 4 in One 90 mins $273
We have taken 4 of our most favourite treatments & wrapped them into a fabulous medley. We start with an invigorating top to toe sea salt exfoliation & buff then you'll relax under the calming Vichy Shower. Follow this with a muscle melting massage before completing this luxury with one of our signature LI'TYA facials. Needs to be experienced.

FOR YOUNG ADULTS

Suitable for young adults 12 – 17 these options have been specifically designed to suit the needs of our young spa guests. To be accompanied by a participating parent or adult guardian

Combine any two of the following 30 mins options for your fabulous 60 mins spa experience 60 mins $138

- Small Footprints – Revitalise those 'foot soldiers'
- Head/Shoulders – Surrender your senses
- Happy Face – Cleanse & Refresh
- Back Massage – Slow, rhythmic & realigning

TREATMENT ADDITIONS

Add on Specials:
Choose your 15 mins of fame with any one of our fabulous additions – to enhance your spa experience – Refresher Facial, Mini Footprints, Mind Melting Scalp Massage or a Neck & Shoulders Rejuvenation $35

Add a 30min River Spirit to any 60min or more for only $65

Add a 30min Swedish massage to any 60min or more for only $55

SPA JOURNEYS

Signature Treatment
DAINTREE RAINFOREST RITUAL
90 mins $266 120 min $312

Experience the powerful energy of the Daintree Naturals locally sourced, hand crafted clays & oils in this amazing spa ritual.
Let us take you on a million year old journey where you will experience the purifying 'smoke bowl' Daintree Ochres, Black ash or yellow clays, smoked Paperbark oil, Kakadu or Wattle seed salts.
This ancient ritual will rejuvenate the spirit, mind & body with a cleansing body buff, a warmed clay wrap, head & hair masque with hot towels … then we slowly return you to planet earth under the warm rainforest waterfall. Complete your ritual to the beat of the Daintree drums with your aromatic massage.

Sapphire Sea Wrap 90 mins $268 120 mins $312
This uniquely Australian spa ritual from LI'TYA has been lauded by the international media & acclaimed globally.
Celebrate with this complete full body rejuvenation experience.
Cleanse, energise & exfoliate then calm & revitalise the spirit cocooned in warm marine mud whilst you submit to a mind melting Quandong head massage. Follow all this with our exquisite 'rain therapy' then surrender your body & soul to the rhythms of the wonders of the Su Su body massage.

The Ocean Dreaming 180 mins $426
Bask in the luxury of one of LI'TYA'S finest rituals. Connect to your inner self. The Dreaming combines deeply therapeutic modalities with a healing approach. The journey includes the soothing foot session, full body buff & polish, ocean kelp wrap, exquisite scalp massage with masque, Vichy shower, SuSu body massage, Mirri facial, & nurturing hand treatments. Indulge in the power of renewal, this is your Dreamtime. Your body will hum & your soul will sing. Served with tropical juice.

